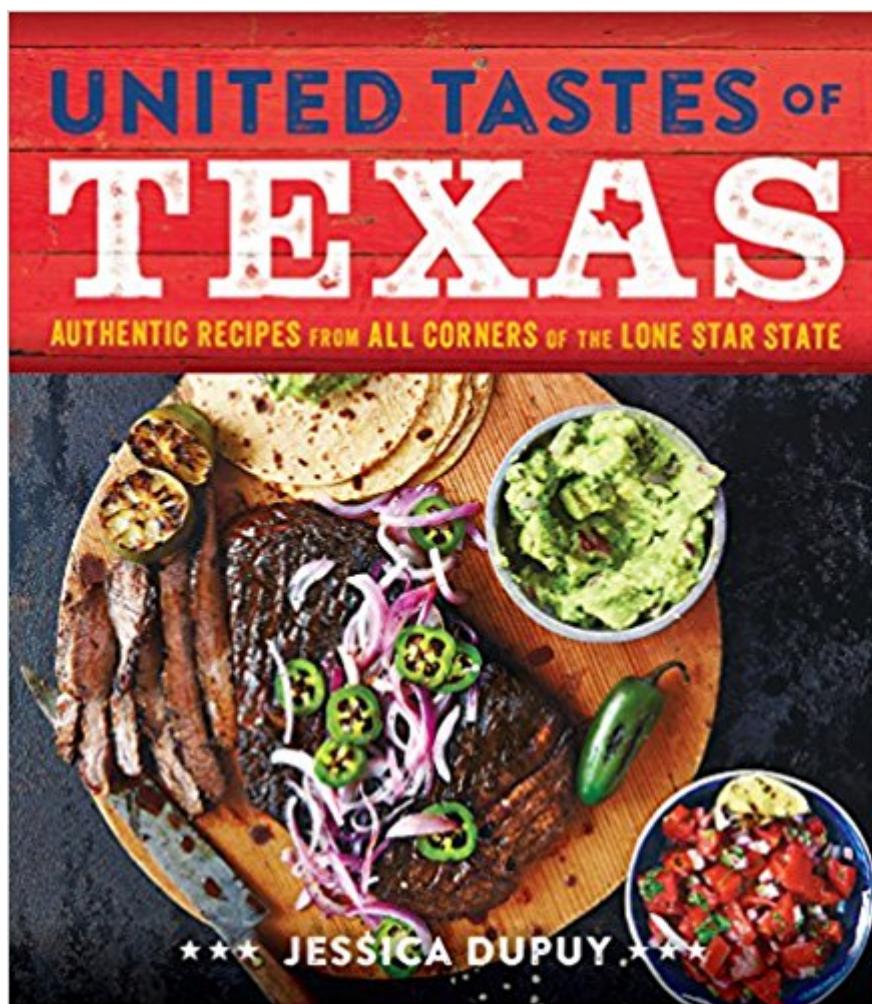


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United Tastes Of Texas: Authentic Recipes From All Corners Of The Lone Star State



Synopsis

There are many things that are big in Texas: Wide open spaces, personalities, hair, but above all, there's flavor! United Tastes of Texas is your geographical guide to Texas cuisine based on five distinct culinary regions: Central, Coastal, East, South, and West Texas; as well as the culinary influences brought by settlers from countries including Czechoslovakia, Germany, Mexico, and Spain. Each chapter starts with a brief history of the region, as well as plenty of interesting facts and bits of history including notes on cooking equipment, stories on local chefs and restaurants that have helped shape each of the regions, and pages of beautiful photography and imagery. But foremost is the food: 125 recipes featuring traditional and regional-specific dishes and cooking methods including Texan takes on Black-Eyed Peas, Skillet Cornbread, Shrimp Creole, Smoked Brisket, Smoked Tortilla Soup, and one of the most classically Texan dishes - Chicken Fried Steak, just to name a few. Whether you're a native Texan in need of recipe inspiration, a Texas ex-pat longing for a taste of home, or a culinary adventurer ready to explore the Lone Star State, United Tastes of Texas packs plenty of history, travel, and food into one book!

Book Information

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Customer Reviews

Jessica Dupuy is a fourth-generation Texan and a freelance writer with bylines in Texas Monthly, Texas Highways, Fodor's Travel, National Geographic Traveler, Imbibe, The Hollywood Reporter, and numerous Austin publications. She also was co-writer on Uchi: The Cookbook, in conjunction with James Beard Award winning Chef Tyson Cole and The Salt Lick Cookbook: A Story of Land,

Family and Love on the iconic Texas barbecue restaurant. Her most recent cookbook collaboration was with Texas chef Jack Gilmore on Jack Allen's Kitchen: Celebrating the Tastes of Texas. She is a Certified Sommelier & Certified Specialist of Wine, member of Les Dames D'Escoffier of Austin, is on the advisory board for the Wine and Food Foundation of Texas, and is a lifelong Texan. Dupuy lives in Austin with her husband, her two Duck Tolling retrievers, her son Gus, and daughter Ashlyn.

As a native Texan, I love this cookbook. The recipes are broken up by regions, so you get a nice variety of local cuisines from coastal fish/shrimp, central Texas comfort foods, to South Texas Tex-Mex, and even some eastern Cajun. All the recipes are easily doable by everyone without a huge list of crazy ingredients and most importantly, they're really tasty. And I love that everything features a well photographed example of the dish. I plan on buying this for some family members for Christmas. Two thumbs way up!

This is a wonderful cook book!!! Beautifully photographed, recipes are easy to follow along with and I love the regional breakdown of Texas cuisine! The San Antonio Puffy Tacos were tasty, the Texas Beefed up Bloody Mary made my family's Sunday Brunch, and the Tequila lime pie was super refreshing in this 115 degree Atizona heat!!! I'll definitely be cumin back ya'll! ☺ ☺ ☺%

Great recipes. Happy with purchase.

Wonderful cookbook with Texan/Tex Mex recipes. Every single item we have cooked, baked or stirred (YES! It even has awesome drink recipes) has been phenomenal! LOVE this book and bought it for two family members and a good friend who cooks daily.

I am very pleased with this book it covers the entire state giving the type of food for each area. You can take this cookbook into the kitchen and prepare a typical aTexas menu whether you want mexican, barbecue or seafood. I am a dessert lover and yes, there are some very good recipes included..

Bought book as a gift for my Colorado cousin. She says it the most beautiful cookbook she owns. Also is intrigued by some of the truly Texas recipes. Us Texans do not view rabbit or dove as unusual! I also have a copy as does my daughter. Highly recommend it!

Great book. For someone like me, who has lived and traveled all over Texas, it is nice to have the book divided by area of the state rather than traditional cookbook categories. Recipes are easy to follow and delicious! Would have expected nothing less from Jessica Dupuy!

This a GREAT cookbook!!! Jessica makes it completely authentic Texan!!! Plus, such heartwarming stories of traditions, history, and family!! The PERFECT gift when you want to give a little piece of Texas!!MJ

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